



Health New Zealand
Te Whatu Ora

Lagomatai ke puipui e haau a maaga.

**Hokotaki e tau holifono ha kua ula
e tau tapaka po ke ula e tau vape i**

Omai ke gahua fakalataha ke taofi e tau holifono
ha ko e ula he tau tapaka mo e tau vape!

Ta e taha
hokotaki hagamoo
ke he tapaka poke vape:

info.health.nz/TellUs



FAKAAOGA HE
LAKAU HILA KE SCAN
HAAU A HOKOTAKI