

Curriculum links



Unit 1: Being well / Te hauora

Activity	Health and PE	Other learning areas	Links to Te Marautanga o Aotearoa
1.1 Getting to grips with hauora	L3 (A4)	<p>English</p> <p>L4 – Show an increasing understanding of how to shape texts for different purposes and audiences</p>	<p>T3 Hauora: Wairoa 3</p> <p>T3 Hauora: Tangata 2</p>
1.2 What's what?	L3 (A1, A3)	<p>English</p> <p>L4 – Show an increasing understanding of ideas within, across, and beyond texts</p>	<p>T3 Hauora: Tangata 1, 2, and 3</p> <p>T4 Hauora: Wairoa 1 and 4</p>
1.3 "Old Mitch"	L3 (A1, A3, C3, D1)	<p>English</p> <p>L4 – Show an increasing understanding of ideas within, across, and beyond texts</p>	<p>T3 Hauora: Tangata 1, 2, and 3</p> <p>T4 Hauora: Wairoa 1 and 4</p>
1.4 Can't live without it – understanding addiction	L3 (A1, A3, C2, C3, D2) L4 (A3)	<p>English</p> <p>L4 – Select, develop, and communicate ideas on a range of topics</p>	<p>T3 Hauora: Wairoa 2 and 3 and Tangata 1, 2, and 3</p> <p>T4 Hauora: Wairoa 1, 3 and 4 and Tangata 1 and 3</p>
1.5 "Raven's Place"	L3 (A3, C2, C3)	<p>English</p> <p>L4 – Show an increasing understanding of ideas within, across, and beyond texts</p> <p>L4 – Select, develop, and communicate ideas on a range of topics</p> <p>The Arts</p> <p>L3 – Present and respond to drama ...</p>	<p>T3 Hauora: Wairoa 4</p> <p>T4 Hauora: Wairoa 4</p>
1.6 Second-hand smoke	L3 (A1, A3, A4, C1, C2, D2, D3) L4 (C3)	<p>English</p> <p>L4 – Select, develop, and communicate ideas on a range of topics</p> <p>The Arts</p> <p>L3 – Present and respond to drama ...</p>	<p>T3 Hauora: Wairoa 4; Taiao 2, and Tangata 2</p> <p>T4 Hauora: Wairoa 4; Taiao 1, 2, and 3; and Tangata 1, 2, and 3</p>

Health and Physical Education Achievement objectives in these activities

Level 3

- **A1:** Identify factors that affect personal, physical, social, and emotional growth and development skills to manage changes
- **A3:** Identify risks and their causes and describe safe practices to manage these
- **A4:** Describe how their own feelings, beliefs, and actions, and those of other people, contribute to their personal sense of self-worth
- **C1:** Identify and compare ways of establishing relationships and managing changing relationships
- **C2:** Identify ways in which people discriminate and ways to act responsibly to support themselves and other people
- **C3:** Identify the pressures that can influence interactions with other people and demonstrate basic assertiveness strategies to manage these
- **D1:** Identify how health care and physical activity practices are influenced by community and environmental factors
- **D2:** Participate in communal events and describe how such events enhance the wellbeing of the community.
- **D3:** Research and describe current health and safety guidelines and practices in their school and take action to enhance their effectiveness
- **D4:** Plan and implement a programme to enhance an identified social or physical aspect of their classroom or school environment

Level 4

- **A3:** Access and use information to make and action safe choices in a range of contexts
- **A4:** Describe how social messages and stereotypes, including those in the media, can affect feelings of self-worth
- **C1:** Identify the effect of changing situations, roles, and responsibilities on relationships and describe appropriate responses
- **C2:** Recognise instances of discrimination and act responsibly to support their own rights and feelings and those of other people
- **C3:** Describe and demonstrate a range of assertive communication skills and processes that enable them to interact appropriately with other people
- **D1:** Investigate and describe lifestyle factors and media influences that contribute to the wellbeing of people in New Zealand
- **D2:** Investigate and/or access a range of community resources that support wellbeing and evaluate the contribution made by each to the wellbeing of community members
- **D3:** Specify individual responsibilities and take collective action for the care and safety of other people in their school and in the wider community.

Unit 2: Turning down the pressure / Te tū māia

Activity	Health and PE	Other learning areas	Links to Te Marautanga o Aotearoa
2.1 Tell me why	L4 (A3, D1, D3)	English L4 – Show an increasing understanding of ideas within, across, and beyond texts	T4 Hauora: Wairoa 3; Taiao 1, 2 and 3; and Tangata 1
2.2 “Don’t Tell!”	L3 (C1, C3)	English L4 – Show an increasing understanding of ideas within, across, and beyond texts The Arts L3 – Present and respond to drama ...	T3 Hauora: Tangata 1 T4 Hauora: Wairoa 4
2.3 Resisting peer pressure	L3 (A4, C1, C2, C3, D2, D3)	English L4 – Show an increasing understanding of ideas within, across, and beyond texts L4 – Select, develop, and communicate ideas on a range of topics	T3 Hauora: Wairoa 4 and Tangata 1
2.4 Kia kaha – stand strong	L3 (A4, C1, C2) L4 (A4, C1)	English L4 – Select, develop, and communicate ideas on a range of topics L3 – Present and respond to drama ...	T4 Hauora: Wairoa 4 and Tangata 1
2.5 “Changes at Home”	L3 (A4, C1, C2) L4 (A4, C1)	English L4 – Show an increasing understanding of ideas within, across, and beyond texts	T3 Hauora: Wairoa 4 and Tangata 1 T4 Hauora: Wairoa 4 and Tangata 1
2.6 Roller coaster	L3 (A4, C1, C2, D2)	English L4 – Show an increasing understanding of ideas within, across, and beyond texts L4 – Use a range of language features appropriately, showing an increasing understanding of their effects	T3 Hauora: Wairoa 4 and Tangata 1

Unit 3: What's the message and what's the cost? / He aha te kōrero, ā, he aha te utu?

Activity	Health and PE	Other learning areas	Links to Te Marautanga o Aotearoa
3.1 "Time on Your Hands"	L4 (D1)	English L4 – Show an increasing understanding of ideas within, across, and beyond texts	T4 Hauora: Wairoa 4 and Tangata 1
3.2 Buying in – at what cost?	L4 (D1)	English L4 – Show an increasing understanding of ideas within, across, and beyond texts Mathematics and Statistics L4 – Use a range of multiplicative strategies when operating on whole numbers	T4 Hauora: Wairoa 4, Taiao 3, and Tangata 1
3.3 Analyse that!	L3 (D4) L4 (A3, A4, D1, D3)	English L4 – Show an increasing understanding of how texts are shaped for different purposes and audiences	T3 Hauora: Tangata 1 T4 Hauora: Taiao 3
3.4 "At the Pictures"	L4 (A4, D1)	English L4 – Show an increasing understanding of ideas within, across, and beyond texts	T4 Tikanga ā-lwi: Te Ao Hurihuri 4.1 and 4.2

Unit 4: Smokefree – our lives, our future / Auahi kore – mō tatou, mo āpōpō

Activity	Health and PE	Other learning areas	Links to Te Marautanga o Aotearoa
4.1 “Back in the Day”	L4 (D1)	<p>English</p> <p>L4 – Show an increasing understanding of ideas within, across, and beyond texts</p>	T4 Tikanga ā-lwi: Te Ao Hurihuri 4.1 and 4.2 and Te Wāhi me te Taio 4.1 and 4.2
4.2 Laying down the law	L3 (D4) L4 (A3, A4, C2, D3)	<p>English</p> <p>L4 – Show an increasing understanding of ideas within, across, and beyond texts</p> <p>L4 – Select, develop, and communicate ideas on a range of topics</p> <p>Social Sciences</p> <p>L4- Understand that events have causes and effects</p> <p>L4 – Understand how people participate individually and collectively in response to community challenges</p>	<p>T3 Tikanga ā-lwi: Te Wāhi me te Taio 3.1</p> <p>T4 Tikanga ā-lwi: Te Ao Hurihuri 4.1 and 4.2 and Te Wāhi me te Taio 4.1 and 4.2</p>
4.3 Going up	L4 (A4, C2, D1)	<p>English</p> <p>L4 – Show an increasing understanding of ideas within, across, and beyond texts</p> <p>Mathematics and Statistics</p> <p>L4 – Know the equivalent decimal and percentage forms for everyday fractions</p>	<p>T4 Tikanga ā-lwi: Te Ao Hurihuri 4.1 and 4.2 and Te Wāhi me te Taio 4.1 and 4.2</p> <p>T4 Hauora: Tangata 1, 2, and 3</p>
4.4 Being heard	L4 (D3)	<p>English</p> <p>L4 – Show an increasing understanding of ideas within, across, and beyond texts</p> <p>L4 – Show an increasing understanding of how texts are shaped for different purposes and audiences</p> <p>Social Sciences</p> <p>L4 – Understand how people participate individually and collectively in response to community challenges</p>	T4 Tikanga ā-lwi: Te Whakaritenga Pāpori me te Ahurea 4.1 and 4.2

<p>4.5 “Fast Forward”</p>	<p>L4 (D1)</p>	<p>English</p> <p>L4 – Show an increasing understanding of how texts are shaped for different purposes and audiences</p> <p>Technology</p> <p>L4 – Undertake planning that includes reviewing the effectiveness of past actions and resourcing, exploring implications for future actions and accessing of resources, and consideration of stakeholder feedback, to enable the development of an outcome.</p>	<p>T4 Tikanga ā-lwi: Te Ao Hurihuri 4.1</p> <p>T4 Hauora: Tangata 1</p>
<p>4.6 What’s my role?</p>	<p>L3 (D3, D4)</p> <p>L4 (D3)</p>	<p>English</p> <p>L4 – Show an increasing understanding of how texts are shaped for different purposes and audiences</p> <p>Technology</p> <p>L4 – Undertake planning that includes reviewing the effectiveness of past actions and resourcing, exploring implications for future actions and accessing of resources, and consideration of stakeholder feedback, to enable the development of an outcome.</p>	<p>T4 Tikanga ā-lwi: Te Ao Hurihuri 4.1</p> <p>T4 Hauora: Tangata 1</p>

For more information and support:

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